



2018 Candidate for the Office of Leadership Council Member-at-Large

Rick Ferkel

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Rick Ferkel is an assistant professor in the Department of Physical Education and Sport at Central Michigan University. He has been an assistant professor at Campbellsville University in Kentucky and Ball State University in Indiana. Along with his higher education experience, Rick taught physical education at all three building levels, including health at the high school level, was a building administrator, and has had multiple high school coaching and strength and conditioning positions. He earned his B.S. in Physical Education Teacher Education at Bowling Green State University, M.Ed. in Educational Administration at Ashland University, and Ph.D. in Curriculum and Instruction with an emphasis in Physical Education and Sports Science at Texas Tech University. Rick's research agenda is focused on health-related fitness education curriculum at the secondary level to induce behavioral change for lifetime fitness and wellness. Rick has been a reviewer for multiple journals and has been nominated as the SHAPE Michigan Region 5 representative.

Vision Statement for SHAPE America Midwest District

The relevance and need for quality K-12 physical education is more important than ever. Hypokinetic disease is devastating individual and societal well-being. My vision for the Midwest District is predicated on the provision of intentional professional development for practitioners and those in higher education in the area of health-related fitness education. The SHAPE America grade level outcomes state that secondary students should be able to design (highest level of Bloom's Taxonomy) and implement their own health-enhancing fitness plan. This is an imperative as it directs K-12 teaching toward equipping students with the tools (e.g., motor competency, knowledge) to have autonomy in the development of their own lifetime fitness choices. By providing professional development that enables and enhances the curricular knowledge and application of health-related fitness education to physical educators' at all levels, the profession as a whole will be able to better prepare students for lifetime activity and fitness.